



SAUDI ARABIA · NOVEMBER 2026 INTAKE

Personal Trainer Diploma

With Enhance Academy · Saudi Arabia

STARTS

November 2026

session schedule confirmed before
the intake

DURATION

~3 months

to complete

COURSE FEE

SAR 4,125

excl. 15% VAT · subject to discount

Earn the SAS Coaching Diploma × Enhance Academy Personal Trainer Diploma, an Active IQ Level 3 qualification · Saudi Ministry of Sport (LDI). It is the certificate that lets you sit the Ministry of Sport licence exam.

You walk out with



Active IQ Level 3 qualification

Saudi Ministry of Sport (LDI)



**Sit the Ministry of Sport licence
exam**

Your licence to work comes from that exam

How the course works

 1. Online theory LIVE AND YOUR PACE	 2. Exam 100 QUESTIONS	 3. Shadowing 150 H IN A CLUB
 4. Case study and video AFTER SHADOWING	 5. Our certificate 70 / 100 TO PASS	 6. Licence exam MINISTRY OF SPORT

How it runs

 Online lessons and live sessions On the SAS platform, with our experts	 150 h shadowing in a club With Enhance trainers at Enhance Fitness, logbook signed by a Team Leader
 A team of experts Doctors, professional athletes and experienced coaches	 A route into work Top students may be offered a job with Enhance Fitness
 CPR certification included Required by the Saudi authorities	 Marking included Exam, case study and coaching video marked by us

How you are assessed

30% Exam	30% Case study	40% Coaching video
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Pass with 70 out of 100. The exam is 100 multiple choice questions. The case study and the coaching video come after shadowing and are marked by us. Our certificate lets you sit the Saudi personal trainer licence exam; your licence to work comes from that exam.

Who it is for

 18 or over, with a high school certificate or equivalent	 Basic English	 Want a route into work with Enhance Fitness
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15% Saudi VAT is added on top. Pay in full, or split it with Tabby or Tamara. Fees are non-refundable, but with a valid reason they can be moved to a future cohort (www.sas-cce.com/refund-policy). Information correct on 7 October 2026.

Reserve your seat

The next intake starts in November 2026.

WhatsApp **+971 55 807 6344**

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sas-cce.com/personal-training-enhance-academy

Course fee

SAR 4,125

Excl. 15% VAT · ~\$1,100 ·
subject to discount