

UAE · DUBAI · NEXT COHORT EARLY 2027

NASM Certified Personal Trainer

With a KHDA-attested SAS Coaching Diploma

NEXT COHORT	LIVE PART	COURSE FEE
Early 2027	**1 month**	**AED 6,499**
dates to be announced	plus the NASM course at your pace	~$1,770 · Tabby available

The NASM Certified Personal Trainer, taught live in Dubai, with a KHDA-attested SAS Coaching Diploma. Two certificates: the NASM CPT, recognised worldwide, plus a KHDA attested certificate in Dubai.

You walk out with

NASM CPT certificate
Exam included, 3 attempts

KHDA-attested diploma
SAS Coaching Diploma, Dubai regulator

What you will learn

Professional development and responsibility
NASM CPT

Client relations and behavioural coaching
NASM CPT

Basic and applied sciences and nutrition
NASM CPT

Assessment
NASM CPT

Exercise technique and training instruction
NASM CPT

Program design
NASM CPT

Case study and mock exam
MARKED BY US

NASM CPT exam
ONLINE, PROCTORED

How it runs

24 h live online theory
Three evenings a week on Microsoft Teams

24 h practical in Dubai
Just Therapy DXB, Al Quoz, over two weekends

NASM online course
Your pace, five years of access

40 h gym internship
At a gym of your choice, with our logbook

How you are assessed

You sit the NASM CPT exam online, proctored, with up to three attempts included, after an assigned case study and a mock exam. A valid CPR and AED certificate is needed before the NASM exam: bring your own, or take the course through us.

Who it is for

- 18 or over, with a high school diploma
- Good English, the NASM exam is in English
- No prior fitness qualification needed

Pay in full by card, Apple Pay or bank transfer, or split into four interest free payments with Tabby (UAE residents). Fees are non-refundable; with a valid reason they can be moved to a future cohort (www.sas-cce.com/refund-policy). KHDA approval TI.PMTISS6237. NASM is a registered trademark of the National Academy of Sports Medicine. Information correct on 4 November 2026.

Reserve your seat

The next cohort starts in early 2027. Message us on WhatsApp to register.

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sas-cce.com/nasm-cpt

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