



LEBANON · LEVEL 1

Swimming Coaching Diploma

Level 1 · Lebanese Ministry of Education

NEXT COHORT

To be announced

register your interest

DURATION

2 months

every Saturday

COURSE FEE

\$500

subject to current discounts, see sas-cce.com

Learn to teach and coach swimming, from water confidence to the four competitive strokes, with theory online and practical sessions in the pool.

You walk out with



**Swimming Coaching Diploma,
Level 1**

Lebanese Ministry of Education



Teach and coach in the water

Beginners, school groups and young
swimmers

What you will learn

 Introduction to swimming and its rules LIVE ONLINE	 Roles and responsibilities of the coach LIVE ONLINE	 Core aquatic skills and water confidence LIVE ONLINE
 The four strokes LIVE ONLINE	 Training and periodisation LIVE ONLINE	 Teaching swimming LIVE ONLINE
 Practical sessions IN THE POOL	 20 hours on deck SUPERVISED	 Final assessment EXAM AND POOL EVALUATION

How it runs

 Every Saturday 2 to 5 PM	 Theory, live online On Microsoft Teams, recorded for revision
 Practical, in the pool International Maritime Academy, Portemilio, Kaslik	 20 supervised hours on deck Signed off by a head coach

How you are assessed

50% Multiple choice exam	50% Practical evaluation
---------------------------------	---------------------------------

A 45 minute multiple choice exam online, then a practical evaluation at the pool one week later. Pass with 70 out of 100 overall. You need to be a confident swimmer in all four strokes. This is a coaching diploma, not a lifeguard qualification.

Who it is for

 Aspiring swimming coaches	 Physical education teachers	 Lifeguards and swimmers moving into coaching
---	---	--

Pay in full or in instalments, in USD or LBP. Paid in full: course access as soon as you sign your student agreement. Paying in instalments: course access opens 14 days before the course starts. Fees are non-refundable; with a valid reason they can be moved to another SAS Coaching Diplomas course or a future cohort (www.sas-cce.com/refund-policy). Dates can move for public holidays; your dated schedule is issued at enrolment. Information correct on 4 October 2026.

Register your interest

Be first to hear the next dates.

WhatsApp **+971 55 807 6344**

sas.cce@sas.edu.lb · sas-cce.com/swimming-diploma

Course fee

Subject to discount, see sas-cce.com

\$500